

Sedgeberrow

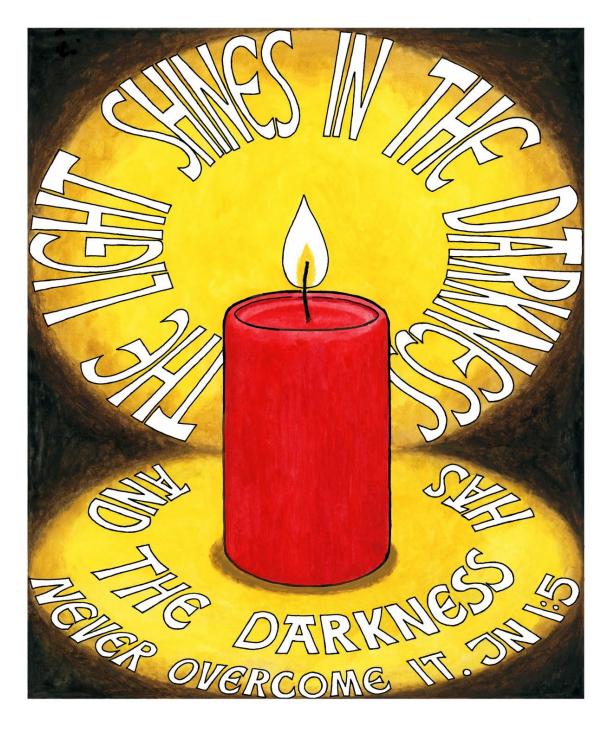


Hampton – Fairfield – Thistledown Eastwick Park – Charity Crescent



Hinton on the Green

THE HERALD



Letter from the Bishop of Worcester



The Christian faith is essentially about love – because God is love.

At Christmas we

celebrate God's love for us in coming to share our human life in the person of Jesus. At Easter we celebrate the depths of that love in dying for us, and its triumph over death itself in the resurrection. At Pentecost we celebrate the coming of the Holy Spirit, 'power from on high', to enable us to love as God has loved us.

It's as simple as that, really. The problem – in case you hadn't noticed – is that we don't manage to love as God loves us. As we celebrate the Advent of the Prince of Peace this Christmas, the world is filled with conflict. One hundred years after the ending what was referred to at the time as 'the war to end all wars' there is still so much violence, bloodshed and oppression in the world.

Why is that? I suggest that the main reason we do not love as we ought, is that we cannot, deep down, believe

that we are loved or even loveable. Most of our 'sinfulness' – in Christian terminology – derives from an insecurity, a deep dis-ease within. Ever since I became a Christian, I have believed that I am unconditionally loved – in my head. The trouble is I couldn't quite believe in my heart that anyone, let alone I, could be unconditionally loved. Until I became a parent, that is. I then felt an extraordinarily powerful and quite unconditional love for my children, and still do. I spoke to my daughter about this the other day and she feels the same about her two year-olddaughter.

Now I can believe that God loves me unconditionally – with my heart as well as my head. I have a long way to go but it has made me more loving. My prayer this Christmas is that, whether or not we are parents, we shall be given grace to believe with all our heart that God loves us more than we can possibly imagine with a love that is stronger than death and which will stretch into all eternity. Then we might be able better to love as God loves us.

+John

Wishing all our readers a Merry Christmas and Best Wishes for the New Year.

Thank you to everyone who has contributed in any way to the production of The Herald during 2018

Prayer for Christmas Joy

Loving, generous Father,

This Christmas, please help us to keep you at the centre of our preparations and celebrations.

May our thankfulness for the gift of your precious son, Jesus, motivate all that we think and say and do.

May the joy of His coming shine from us and attract those who don't know what Christmas really means, so that they want to find out!

In Jesus' name and for His glory,

Amen by Daphne Kitching

Vicar and Rector	The Revd Mark Binney (01386) 424235 mark@hamptonchurch.org.uk
	The Vicarage, Pershore Road, Evesham WR11 2PQ
Honorary Assistant	The Revd Leonard Burn (01386) 881160
Priests	The Revd Patrick Wooster Tel: (01386) 45907
	The Revd Nick Wright Tel: (01386) 443310
Licensed Lay Ministers	John Lynch (01386) 553392
(Readers)	Elaine Major (01386) 40722
Parish Administrators	Elaine & Caryl, The Parish Office, The Vicarage, 54A Pershore Road, Evesham
Monday and Tuesday	WR11 2PQ
9.15am – 2.15pm	(01386) 446381 email: asumsouth.office@hamptonchurch.org.uk
Wednesday – Friday	
9.15am – 1.15pm	

Church Wardens

St Andrew's,	Carolyn Jenkins (01386) 442124
Hampton	Margaret Thomson (01386) 47541
St Mary the Virgin,	Ann Banks (01386) 881623
Sedgeberrow	Roger Horton (01386) 881307
St Peter's,	Lisa James 07866654923
Hinton-on-the-Green	Nicola Joscelyne (01386) 424630 & 07779 159346

HAMPTON TOY SERVICE

Sunday 2 December at 10am

Please bring a gift wrapped and labelled
with the age and sex of child
Gifts will be taken to the Adventure Playground for
distribution to Families in need in Evesham

Church Homeless Trust

Homelessness charity Church Housing Trust recently changed its name to Church Homeless Trust.
Church Homeless Trust's new name emphasises its focus on homeless individuals and the specific

support they need to rebuild their lives. There is no



government funding for individual needs such as new ID, stipends for transport, or living costs if someone's Universal Credit has been delayed. Without these items it is impossible to live independently.

People who have experienced homeless also need more than a roof over their head; without the skills and sense of community needed to sustain a new tenancy, they may end up back on the streets. The Trust concentrates on building an individual's strengths and interests, and meeting their needs with small, personal grants.

The charity's origins go back to 1882 and the incredible work of Church Army Housing on behalf of homeless people. They worked at the forefront of homeless services, and Church Homeless Trust continues to support people in many hostels first set up by Church Army Housing.

Communications Manager, Nicole Holgate, comments: "The small change in our name helps to represent what we have learnt over more than 30 years' of providing funding for homeless people. We have seen a dramatic rise in demand for individual grants, especially for the funds we provide that help people to settle into their own, independent accommodation after being homeless.

"Everyone is an individual and their needs are as unique as they are. Only they can tell us what will help them make a permanent transition out of homelessness." Church Homeless Trust helps people who are homeless to rebuild their lives by giving them grants to meet their particular needs. We do this by providing funding for clothes, training, travel, facilities, life skills and other personal support that helps people to become more confident and healthier. We also support their move to independent living with grants for basic furnishings and household essentials for their new homes. We give grants to homeless people of all ages, nationalities, and faiths.

We do this because we believe that everybody has a unique contribution to make to society, and that we all benefit when everybody is able to participate fully in life. For more information please contact Communications officer Nicole Holgate at nicole.holgate@churchhomelesstrust.org.uk, or call 020 7269 1630.

Church Homeless Trust, Charity no.802801

@ChurchHomelessT | www.facebook.com/churchhomelesstrust
info@churchhomelesstrust.org.uk | www.churchhomelesstrust.org.uk

From the Registers - October 2018

Baptisms		
7 Oct	Arthur Lawes and Andrew Lawes	Hampton
	Esme Amoako Asare	Hampton
21 Oct	Clifford Smith, Harley Smith, Leon Smith,	Hampton
	Kai Smith, Lily Smith.	Hampton
Funerals		
2 Oct	Lawrence Haines	Hampton
18 Oct	Doreen Grosvenor	Hampton
31 Oct	Margaret Rock	Hampton

Prayers ... for those who are housebound, sick or elderly

Janet Bailey; Sarah Clements; Shirley Davis; Liz Davies; Roseanna Denning; Grace Dolphin; Andrew Dyke; Margaret Goodman; Olivia Hancock; Margaret Harris; Chrissie Jewell; Sue Jones; Betty Keane; Joyce Lampitt; Lewis Langstone; Clifford Lewis; Steve Osbourne; Lucy Paine; Jenny Perkins; Robert Rennie; Janice Sinclair; Freda Swords; Ian Thomson; Charles Webb; Jessie Webb; Brian Westwood; Ivan Withers; Joan Wood and Michael Wood, as well as others known to us personally.

Prayers ... for those who have died

Cyril Westwood, Margaret Rock, Peter Hoddinott, Albert Powers, Peter Vellender, Rene Abbot, Alexander (Lee) Pointon, Ann Stafford and Derek Haines

#FollowTheStar

The Church of England's 2018 Advent and Christmas Campaign

It seeks to encourage everyone to follow in the footsteps of the Wise Men, on their journey to meet Jesus. There are 14 daily reflections, starting on Christmas Eve and ending on the Epiphany (6 January).

Archbishops Justin Welby and John Sentamu said: "For many of us, Christmas brings up so many emotions, memories and expectations. We have one nativity story, but it can seem like we all have very different Christmases. "But just like the unexpected assortment of people who were invited to meet the baby Jesus, Follow the Star doesn't ask you to be perfect. It says: come just as you are to take the life-changing Christmas journey."

Resources for churches and families are available on the Church of England website: www.churchofengland.org/christmas

Benefice Care Home Ministry

Did you know that since 2017 there has been a team of volunteers going into the two main care homes: Austen Court, on the Cheltenham Road, and The Hawthorns, in Church Street?

These two homes are each unique, of course, as are their residents, and it has taken us a while to get to know them and vice versa!

We first started doing these services in the Autumn of 2017, co-ordinated by Nick Wright and volunteers from Bengeworth and Hampton. We are hoping that as the ministry develops, there will be people joining us from Sedgeberrow and Hinton too, making it a real Benefice-wide service.

Currently we offer Holy Communion and Songs of Praise services to each home roughly every month. We try hard to tailor what we offer to the needs and requests of the home and residents. Music in particular is a great form of communication and always seems to help us make connections. We make a special effort for the major events of the Church year – Easter, Harvest and Christmas. Last year there was a lovely Christingle service at Austen Court and this year we will be holding the Carol Service for The Hawthorns at St Peter's.

We have undertaken some training from Dementia Friends to help us and plan to continue to increase our knowledge in the new year with a session run by the manager of The Hawthorns.

As this ministry continues to develop and the opening of another home on the Offenham Road grows nearer, we would be delighted to have more people join us, from all four of the churches in the Benefice.

As is so often the way, we all find that, in giving just a small amount, we get a huge amount of pleasure and satisfaction back from all the residents and the staff. Please consider if this is something you could try. You would get plenty of support and a warm welcome!

Jane Richards & Jenny Law

Christmas Shoebox Appeal

The Evesham based Shoebox Appeal warehouse will be open Monday - Friday 10 am to 4 pm and in the evenings from 6.30 to 9.30 pm; Saturday 10 am to 2 pm.

The warehouse is situated at the end of the shops on Davies Road. Contact on 01386 881605 or 860934.



Sedgeberrow Church News

Approximately sixty people met at the War Memorial on Sunday, 11 November, to remember a hundred years since the end of world war one. We rang the bells at the end of the service to commemorate the end of the war.

On Monday 12 November, Key Stage 2 children came down to Church, they had written poems, readings, painted pictures and made a wreath of paper poppies, they also sang. On the way back to school the children stopped at the war memorial, and each one placed a pebble, painted with a poppy, on the steps.

On 10 December various people and organisations will be decorating their Christmas trees in Church.

The next coffee morning is on Thursday 13 December 10am, with Christmas decorations, coffee and mince pies.

at

The service to remember loved ones is on Sunday 16 December at 9am.

The whole school will have their end of term service in Church on Thursday 20 December at 9-30am.

The Crib service is on Christmas Eve at 6pm.

There is no Midnight service this year.

The Christmas day service is 9am.

The October coffee morning made £166 for Church funds.

We would like to thank everyone who has supported the Church over the past year.

We would like to wish you all a very Happy Christmas and a Peaceful New Year.

Christingle Candle Collection Boxes



Christingle Candle Boxes are available from the Parish Office if you would like to collect small change for the **Children's Society**. These will be collected during the Hampton Christmas Christingle Service on 16 December

Helping children in need.

Fairfield Church - Mayfield, Evesham. WR11 1JJ

All services start with breakfast

1st Sunday – Communion 2nd to 5th Sundays - Community Worship



First Tuesday of the Month

PubChat, The Olde Red Horse, Vine Street 7.30pm onwards

Wednesdays

Bible Study at Fairfield Church

Saturday Sizzle and Share Men's Breakfast

Saturday Sizzle and Share is on the first Saturday of every month. Breakfast will start sizzling at 8.00am, but if you are not an early riser feel free to come any time before 9.30 am. **Fred Beaumont 07833 475309**

Book Club

Book Club is an opportunity to get to know other women in the area, read a book and share refreshments, in the form of cake and wine. *Call for information on where and when and what.*

NEW FOR SEPTEMBER!

Espiritu – a worship dance group for ages 11 plus

We will learn dances to worship music using flags and other props and lead the worship once a month in church. Rehearsals Wednesdays 5.30 pm

Find us on the Web: http://fairfieldchurch.co.uk

Find us on Facebook: https://www.facebook.com/FamilyFairfield

Follow us on Twitter: https://twitter.com/FamilyFairfield

Sarah Hewitt 07456 549969





The Herald is published monthly on the last Sunday of the month prior to the publication date.

Items for inclusion should be received by 5th of the month prior to the publication date or by special agreement.

Articles are submitted on the understanding that they may be edited to fit the available space.

Articles can be submitted by email to: editor@hamptonchurch.org.uk or sent to the editor at The Parish Room, Hampton Vicarage, Pershore Road, WR11 2PQ Large Print editions of the magazine are available on request.

Looking to live a more Plastic Free Life?

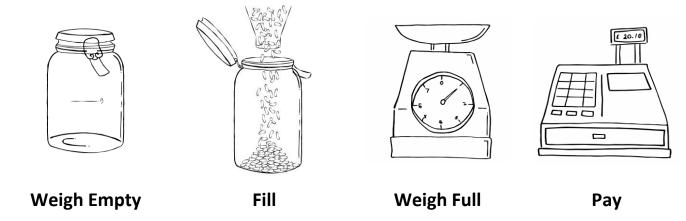
'Pack It In – Zero Waste Living' is an amazing new type of shop recently opened in Worcester. We offer a wide range of basic foods **unpackaged**: cereals, beans, lentils, rice, pasta, baking ingredients including flour, herbs and spices, loose leaf tea and



coffee beans, nuts and dried fruit and oils and vinegars. We also offer refillable cleaning products and a variety of lifestyle items to help you live plastic free. We can make nut, oat or seed milks on demand and have a nut butter machine to make net butter in the shop from lightly roasted nuts with nothing added. The beauty of this shop is that you can buy as much or as little as you want! Come in once a month to stock up on basics or come in for a few spoons of spices for a new recipe. Based in The Gallery (Old Market Hall), off The Shambles, with plenty of parking nearby.

Phillipa Gilfillan on info.packitin@gmail.com www.packitin-zerowasteliving.co.uk

How It Works



Any containers can be used in our shop (as long as it is clean and dry). Place your jar/box/bag on the scale to 'tare' it, then print off the sticker and attach it to your container. Fill your container with as much as you require and then bring it to the till to be weighed again, the weight of your container is taken off, so you only pay for the product.



Events Update - December 2018

Christmas Bazaar	Saturday	1 Dec 1pm	Hinton
Toy Service	Sun	2 Dec 10am	Hampton
SoulFood	Sun	2 Dec 6pm	All Saints
St Andrew's Tots	Tues	4 Dec 9am	Scout & Guide Hall
PubChat	Tues	4 Dec 7.30pm	The Red Horse
Church Open Morning	Sat	8 Dec 10am - Noon	Hampton
SoulFood	Sun	9 Dec 6pm	All Saints
St Andrew's Tots	Tues	11 Dec 9am	Scout & Guide Hall
St Andrew's Fellowship	Tues	11 Dec 2pm	Hampton Club
Coffee Morning	Thurs	13 Dec 10am	Sedgeberrow
Hampton WI	Thurs	13 Dec 7.30pm	Scout & Guide Hall
Christingle Service	Sun	16 Dec 6pm	Hampton
SoulFood	Sun	16 Dec 6pm	All Saints
St Andrew's Tots	Tues	18 Dec 9am	Scout & Guide Hall
Hampton PCC	Wed	19 Dec 11am	Hampton
SoulFood	Sun	30 Dec 6pm	All Saints

ST. ANDREW'S CHURCH THE TWO C'S MONTHLY TEAS

Conversation & Company

For those who are lonely or bereaved.

Please come & join us for - **Traditional Afternoon Tea**Last Sunday of month - next ones - **27 January 2019** from **2 - 4pm**For further information contact Elaine Major 01386 446381 or
01386 40722

Quiz Answers

- 1. Advent 2. More than one, the Bible doesn't say how many! 3. Deep pan, crisp and even!
- 4. St. Nicholas 5. 25; 'no el'!!! 6. Bethlehem 7. 364 8. Egypt 9. Three Dasher, Dancer and Donner
- 10. Germany it was Latvia but it was part of German then! 11. King Herod 12. Carpenter
- 13. Shepherds 14. Gabriel 15. In a manger

St Andrew's Fellowship - November 2018

Twenty members and others attended the November meeting of the St Andrew's Fellowship, in the Hampton Club.

After some business, including advising members of a new date for the AGM (March 12th, 2019) and giving a provisional outline of the Programme for 2019, Acting Chair, John Lynch introduced the speaker for the afternoon, Mr Gerald Heath, ably assisted by his wife, Helen.

Unfortunately, in a situation not unknown to groups around the country, and a recurrent nightmare to all speakers these days, the technology refused to cooperate, apart from a few tantalising glimpses of photographs of Evesham in times long gone.

However, Mr Heath bravely reverted to talking to us, and along with Mrs Heath (showing herself to be an able and interesting historian!) covered a lot of ground – most of which I suspect would not have been covered had the technology worked!

We touched on the role of the original Abbey, Simon de Montfort, Eof and his vision and lots more beside, with Mr Heath's wisdom and humour much in evidence. It was a fascinating, if somewhat serendipitous afternoon.

During the obligatory tea-break which followed, the forthcoming umptieth birthday of one our members was celebrated with the cutting of a specially-baked cake which was then distributed to everyone present with good wishes for a happy day.

Our next meeting, and the last of the year, is our Christmas tea, which will be held in Hampton Club on Tuesday, 11 December at 2.00pm, and to which members are invited to bring goodies of choice. We will be entertained by the Lygonian singers, and visitors will be warmly welcome.

Anyone of either gender is welcome to attend our meetings, any faith or none, and the hall is now supremely disabled-friendly - and so are we! For information or more details, contact John or Shirley Lynch, 01386 553392.

Christmas Services



16 Dec	4pm	Carol and Christingle	Hampton
	4pm	Tree and Memorial	Sedgeberrow
	4pm	Carol and Crib	Hinton
23 Dec	11.15am	Christmas Holy Communion	Hinton
24 Dec	3pm	Crib Service	Hampton
	6pm	Crib Service	Sedgeberrow
	11.30pm	Christmas Eucharist	Hampton
25 Dec	8am	Holy Communion	Hampton
	9am	Christmas Communion	Sedgeberrow
	10am	All Age Worship	Hampton

Hampton WI - November 2018

Our President, Jan Scutt, welcomed members to the meeting on 8 November. We all agreed that the AGM in October had gone well, and we had been informed that we will be having a new WI Advisor, Sally Grainger, who replaces Ann Smith, with whom we have had a long relationship. Two members had attended the recent WFWI Annual Council Meeting at Malvern, when Hampton WI had been presented with a Certificate marking the 50th Anniversary of our WI.

We are looking forward to a pre-Christmas lunch at The Bell at Cropthorne. There will be yet more eating in the new year, when we have our traditional visit to Broadway Golf Club in February. Our Christmas Social in December will no doubt involve more eating, as well as entertainment by the Harvington Ukelele Group, which we are very much looking forward to.

We were reminded about bringing donations of canned food etc for Caring Hands. The coin collection at our Christmas Social would be going towards the All Saints Food Bank, and members were asked to also bring donations of food for that, to the January meeting, when we would be having a talk from one of the organisers.

Our speaker for the evening was Gerald Heath whose subject was Evesham Then and Now. Unfortunately, Gerald had some difficulty getting his projector to work at the beginning, but he persevered, and the problem was soon resolved. He was then able to show us many pictures of places in and around Evesham from years past, with each historical view being followed by an up to date picture of the same location. It proved fascinating trying to work out where each place was, before being shown the answer. Some were a lot easier than others, not having changed too much, but others had changed beyond recognition, usually because buildings had been demolished or other areas such as market garden land, which had been built on. Two examples which stood out were the beautiful orchards full of blossom, which turned out to be the site of the Vauxhall Garage on the corner of Worcester Road, and also the Tower View Café, which used to be on Waterside opposite the Hospital. Members who were born and bred in Evesham found this particularly interesting and it stimulated some lively conversation.

Then it was time for tea, the raffle and the judging of this month's competition for 'Something Interesting', which was won by Liz Rodway, with a Thistle Stick.

Next month's meeting will be held on Thursday 13 November, when we will be having our Christmas Social.

You would be welcome at any of our meetings, which are held in the Hampton Guide and Scout Community Hall at 7.30 pm on the second Thursday of each month. For further details please ring 01386 443755.

Hinton on the Green - St Peter's Church

We are delighted to announce that St Peters Church Bells are going to be in Evesham Waitrose first Green Token Campaign. Our precious set of 8 bells is in desperate need of attention, with an estimated cost of £5000, so we need all



the help we can get. Thanks to Rosemary Cross for organising this through Waitrose.

We only have 5 weeks from opening, so PLEASE if you are shopping in Waitrose when it opens, show your support and pop your green token in the "Hinton Bells" box.



We have had an amazing 2018, so far raising approximately £4,500.00 for our church renovation. With two events still to go, we should easily hit the £5K mark for 2018 which is amazing amount for such a small community.

Due to personal reasons, the PCC has decided that in 2019 they will reduce the number of events they organise. The Fete will remain and will be on 7 July 2019, and I believe Lisa James will organise another Christmas Coach Trip, which we all love. The PCC intend to put on a Harvest Supper in October 2019 at St Peter's Church... date to be confirmed.

After-which we start again and plan that 2020 will be another full-on fundraising year.

A DATE FOR 2019 – in Hinton we shall be having our usual biennial Plough Sunday Service in St Peter's on 6 January at 11.15am. This is a centuries old service which asks for God's blessing on the sowing and reaping in the year ahead. Turning towards the Plough which has to be laboriously lifted into the Church beforehand the whole congregation calls 'Speed the Plough, Speed the Plough, Speed the Plough'. Our ancient Plough was only recovered from weeds and brambles a few years ago. It is the original one which has been used in St Peter's over many years. All are welcome to attend, and, as usual, there will be refreshments afterwards.

... and don't forget to support *St Peter's Bell 'A Peal'* by putting your green plastic Waitrose coins in the Community Matters box at our new store in Evesham.

SO A BIG THANK YOU TO ALL, FOR YOUR CONTINUED SUPPORT

REMINDER - Don't forget to take your Pew Sheet with you when you leave the church. We don't need them again and they have some useful dates and information on them!

St Andrew's CE First School Successful learners Success for life



This half term the whole school have taken part in a World War I topic to commemorate 100 years since the end of World War I. To launch this topic, on the first day back at school, a 'World War I' soldier came into school and discussed a range of topics with the children, starting from his recruitment and training, through to life in the trenches. Replica equipment was used for exciting demonstrations and the children had the opportunity to take part in various drills giving them an insight into life as a soldier. Everyone ended their session with an old-fashioned sing-song and heard a 'few letters from home!' In addition to this, every child assisted Art Base, the company who designed and created the mural in our entrance hall, to produce another beautiful, interactive art display to commemorate World War I. To mark Armistice Day our pupils observed silence in a special assembly to remember and honour those who lost their lives in the two World Wars, and the British soldiers killed or injured since 1945. We also attended the Remembrance Day Parade in Evesham on Sunday 11 November. It was absolutely wonderful to see so many people representing St Andrew's CE School at this momentous event.

In November, St Andrew's celebrated Children in Need. In exchange for a £1 donation, everyone could dress in spots, and participate in lots of fun Pudsey activities. There was also a 'break time' bake sale on Tuesday 13 November and a 'make your own Pudsey ears' competition; each class teacher gave a prize for the most creative ears!

As Christmas quickly approaches, we are getting ready for our celebrations, with rehearsals for our Reception and Key Stage 1's performance of, 'Baubles'. Our Key Stage 2 pupils are working hard learning songs for their Christmas Carol Concert, which they will perform to parents and carers on 20 December at 6pm our School Hall. Our newly-formed PTFA, have organised a Christmas lunch for the whole school on the last day of term on 21 December. Finally, everyone at St Andrew's School would like to wish everyone a very Merry Christmas and a peaceful New Year.

Mrs Andrea Bailey – Headteacher 01386 41351 www.st-andrews.worcs.sch.uk office@st-andrews.worcs.sch.uk

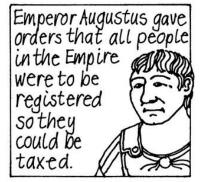


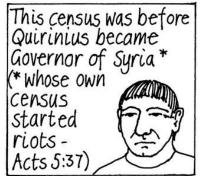
Children's Page - Bible Bite

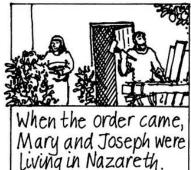
BIDEBIR

A short story from the Bible

It can be read in the Bible in Luke chapter 2 verses 1-7 The Roman Empire charged the countries it had invaded taxes, based on the number of people and what they earned.



















Here's a Christmas Quiz for you to try! All the answers are on page 11

- 1. What's the name of the period leading up to Christmas?
- 2. How many Wise Men brought gifts to Jesus?
- 3. How does Good King Wenceslas like his pizzas?
- 4. Who brings presents to children in Holland on the 5th/6th December?
- 5. How many letters are in the angelic alphabet?
- 6. In what town was Jesus born?
- 7. How many presents were given in total in the 12 Days of Christmas?
- 8. What country did the family escape to?
- 9. How many of Rudolph's eight companions had names start with 'D'?
- 10. What country did Christmas Trees originate from?
- 11. Who was the 'King of the Jews' who ordered the babies to be killed?
- 12. What was Joseph's job?
- 13. Who were first people to visit the baby Jesus?
- 14. What Angel visited Mary?
- 15. Where did the baby Jesus sleep?

Services for December 2018 (cont.)

30 December – First Sunday of Christmas				
8am	Holy Communion	Hampton		
10am	Asum Eucharist	Bengeworth		
1 Samuel 2.18-20,	26, Colossians 3.12-17, Luke 2:41-	-52		

Services for January 2019

6 January – The Epiphany			
	8am	Holy Communion	Hampton
	9am	Holy Communion	Sedgeberrow
	10am	Morning Praise – Toy Service	Hampton
	10am	Communion Service	Fairfield
	11.15am	Plough Sunday Service	Hinton
	3pm	Baptisms	Hampton

Christmas Dilemma

What a dilemma for a slimmer Eating all that Christmas fare, Getting fatter, what's it matter? It's only once a year!

Now the party has begun,
Crackers and cheese and party hats
Turkey with trimmings, presents with ribbons,
Figgy pudding – do we still eat that?

Food a-plenty, plates all empty
Waistbands bursting, no room left,
Soon we'll reach for the Alka Seltzer
That's the truth, I do not jest.

Celebrations, assignations, party frocks with lots of bling,
But the reason for the season
Is the Baby in the manger, came to earth as a stranger
Peace on earth and joy to bring.

by Megan Carter



Learn a poem by heart this Christmas – and stay sharp

So here is a challenge for you: learn a poem, by heart, by Christmas. That is the challenge that Gyles Brandreth, actor and broadcaster has set his grandchildren this year.

Memorising poetry is good for everyone. Brandreth cites scientific research to say that memorising poetry can help keep your brain fit and well. The Duchess of Cornwall, who recently took over from the Queen as patron of The Royal Society of Literature, admits to reciting poems to herself as she goes to sleep. Dame Judi Dench can still recite the whole of Twelfth Night and A Midsummer Night's Dream!



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Hinton Xmas Bazaar Saturday 1 December St Peter's Church 1pm to 3pm



Services for December 2018

		2 December – F	irst Sunday of Advent	
		8am	Holy Communion	Hampton
		9am	Holy Communion	Sedgeberrov
		10am	Morning Praise	Hampton
		10am	Communion Service	Fairfield
		2pm	Baptisms	Hampton
	Jerem	iah 33.14-16, 1 Thes	salonians 3.9-end, Luke 21.25-36	
Wedn	esday 5	10am	Holy Communion	Hampton
		9 December – Se	cond Sunday of Advent	
		8am	Holy Communion	Hampton
		10am	Parish Eucharist	Hampton
		10am	Fresh Expression Worship	Fairfield
		11am	Morning Praise	Sedgeberrov
		Isaiah 40:1-11, 2 P	eter 3:8-15a, Mark 1:1-8	
Wedne	sday 12	10am	Holy Communion	Hampton
			Third Sunday of Advent	
		8am	Holy Communion	Hampton
		9am	Holy Communion	Sedgeberro
		10am	Morning Praise	Hampton
		10am	Fresh Expression Worship	Fairfield
		4pm	Carols and Christingle Service	Hampton
		4pm	Tree and Memorial Service	Sedgeberrov
		4pm	Carols and Crib Service	Hinton
I	Zer	•	nilippians 4.4-7, Luke 21.25-36	
Wedne	sday 19	10am	Holy Communion	Hampton
			ourth Sunday of Advent	
		8am	Holy Communion	Hampton
		10am	Parish Eucharist	Hampton
		10am	Fresh Expression Worship	Fairfield
		11am	Morning Praise	Sedgeberrov
		11.15am	Christmas Holy Communion	Hinton
	Mi		10.5-10, Luke 1:29-45, 46-55	Timicon
			er – Christmas Eve	
		3pm	Crib Service	Hampton
		6pm	Crib Service	Sedgeberrov
		11.30pm	Christmas Eucharist	Hampton
	Is	saiah 52:7-10, Hebre	ws 1:1-4 [5-12], John 1:1-14	· · · · ·
		25 Decembe	er – Christmas Day	
		8am	Holy Communion	Hampton
		9am	Christmas Communion	Sedgeberrov
				_
		10am	All Age Worship	Hampton

Merstow Green

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